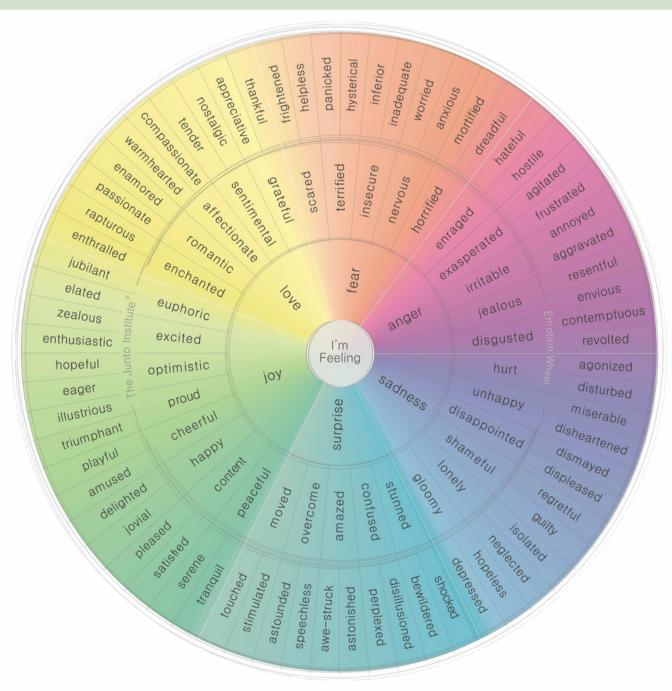
A Taxonomy of Human Emotion

Our understanding has come a long way since William James proposed four basic emotions – fear, grief, love, and rage—though these core emotions still form much of the foundation for current frameworks. The wheel visualization below identifies six root emotions: Fear, Anger, Sadness, Surprise, Joy, and Love. From these six emotions, more nuanced descriptions emerge, such as jealousy as a subset of anger, and awe-struck as a subset of surprise. In total, there are 102 second- and third-order emotions listed on this emotion wheel.



Source: Visual Capitalist



trustmentalhealth.com